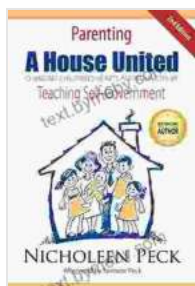


# Unlock the Power of Self-Government: Empowering Children for Success in Life



## Parenting: A House United: Changing Children's Hearts and Behaviors by Teaching Self-Government

by Nicholeen Peck

★★★★☆ 4.8 out of 5

Language : English  
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Word Wise : Enabled  
Print length : 444 pages  
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Screen Reader : Supported



In today's fast-paced and often chaotic world, it can be difficult to know how to raise children who are responsible, ethical, and successful. Many parents and educators are looking for ways to help children develop the skills they need to navigate the challenges of life and become productive members of society.

One promising approach is to teach children self-government. Self-government is the ability to control one's own thoughts, feelings, and actions. It is a skill that can be learned and developed through practice.

Teaching children self-government has a number of benefits. Children who are taught self-government are more likely to be:

- Responsible
- Ethical
- Successful
- Happy

They are also less likely to engage in risky behaviors, such as drug use and violence.

## **How to Teach Children Self-Government**

There are many ways to teach children self-government. One effective approach is to use the "Power of Three" method.

The Power of Three method involves:

1. Setting clear expectations
2. Providing opportunities for practice
3. Giving feedback

**Setting clear expectations** means letting children know what is expected of them. This includes setting rules and limits, and explaining the reasons for these rules and limits.

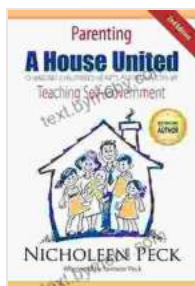
**Providing opportunities for practice** means giving children chances to practice self-government skills. This can be done through play, games, and other activities.

**Giving feedback** means providing children with information about how they are doing. This feedback can be positive or negative, and it should be specific and timely.

The Power of Three method is a simple and effective way to teach children self-government. By following these three steps, you can help your child develop the skills they need to be successful in life.

Teaching children self-government is a valuable investment in their future. By providing them with the skills they need to control their own thoughts, feelings, and actions, you can help them become responsible, ethical, and successful adults.

If you are looking for a way to help your child reach their full potential, consider teaching them self-government. It is a gift that will benefit them for the rest of their lives.



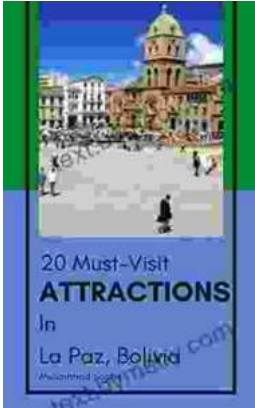
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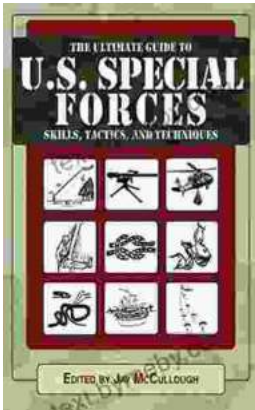
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