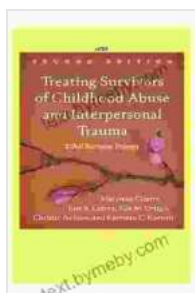


Treating Survivors of Childhood Abuse and Interpersonal Trauma: A Comprehensive Guide for Therapists, Counselors, and Survivors

Unveiling the Second Edition: A Transformative Resource for Healing and Recovery

The second edition of *Treating Survivors of Childhood Abuse and Interpersonal Trauma* is an authoritative and transformative guide that empowers therapists, counselors, and survivors to navigate the complexities of trauma recovery. This comprehensive resource provides a deep understanding of the impact of childhood abuse and interpersonal trauma, offering evidence-based interventions and strategies to facilitate healing and resilience.



Treating Survivors of Childhood Abuse and Interpersonal Trauma, Second Edition: STAIR Narrative Therapy by Lisa R. Cohen

★★★★☆ 4.8 out of 5

Language : English

File size : 9008 KB

Screen Reader : Supported

Print length : 456 pages

X-Ray for textbooks : Enabled



Written by renowned experts in the field, this second edition has been meticulously updated and expanded to reflect the latest research and best

practices in trauma therapy. It offers a comprehensive overview of the neurobiological, psychological, and social consequences of trauma, equipping readers with the knowledge and tools to effectively address the unique challenges faced by survivors.

Key Features of the Second Edition:

- **In-depth Exploration of Trauma's Impact:** Delves into the neurobiological, psychological, and social consequences of childhood abuse and interpersonal trauma, providing a comprehensive understanding of the lasting effects of trauma.
- **Evidence-Based Interventions:** Outlines a range of evidence-based interventions, including trauma-focused cognitive-behavioral therapy (TF-CBT), eye movement desensitization and reprocessing (EMDR), and somatic therapies, offering a toolkit for effective trauma treatment.
- **Culturally Sensitive Approach:** Recognizes the importance of cultural context in trauma recovery and provides guidance on tailoring interventions to diverse populations.
- **Focus on Resilience and Recovery:** Emphasizes the strengths and resilience of survivors, offering strategies to promote healing, recovery, and personal growth.
- **Empowerment of Survivors:** Provides tools and resources for survivors to take an active role in their recovery process, fostering self-advocacy and self-empowerment.

Target Audience:

Treating Survivors of Childhood Abuse and Interpersonal Trauma, Second Edition is an indispensable resource for:

- Therapists and counselors working with trauma survivors
- Mental health professionals seeking to enhance their trauma-informed care practices
- Social workers, advocates, and other professionals supporting trauma survivors
- Survivors of childhood abuse and interpersonal trauma seeking a comprehensive guide to their recovery
- Students in psychology, social work, counseling, and related fields

Renowned Authors:

This second edition is written by a team of leading experts in the field of trauma therapy:

- **Judith Lewis Herman, MD:** A psychiatrist and researcher specializing in trauma recovery, known for her groundbreaking work on the impact of trauma on survivors.
- **John Briere, PhD:** A clinical psychologist and researcher with extensive experience in trauma assessment and treatment, particularly in the treatment of childhood sexual abuse.
- **Janet A. Scott, PhD:** A licensed psychologist and trauma specialist specializing in the treatment of complex trauma, particularly in women.

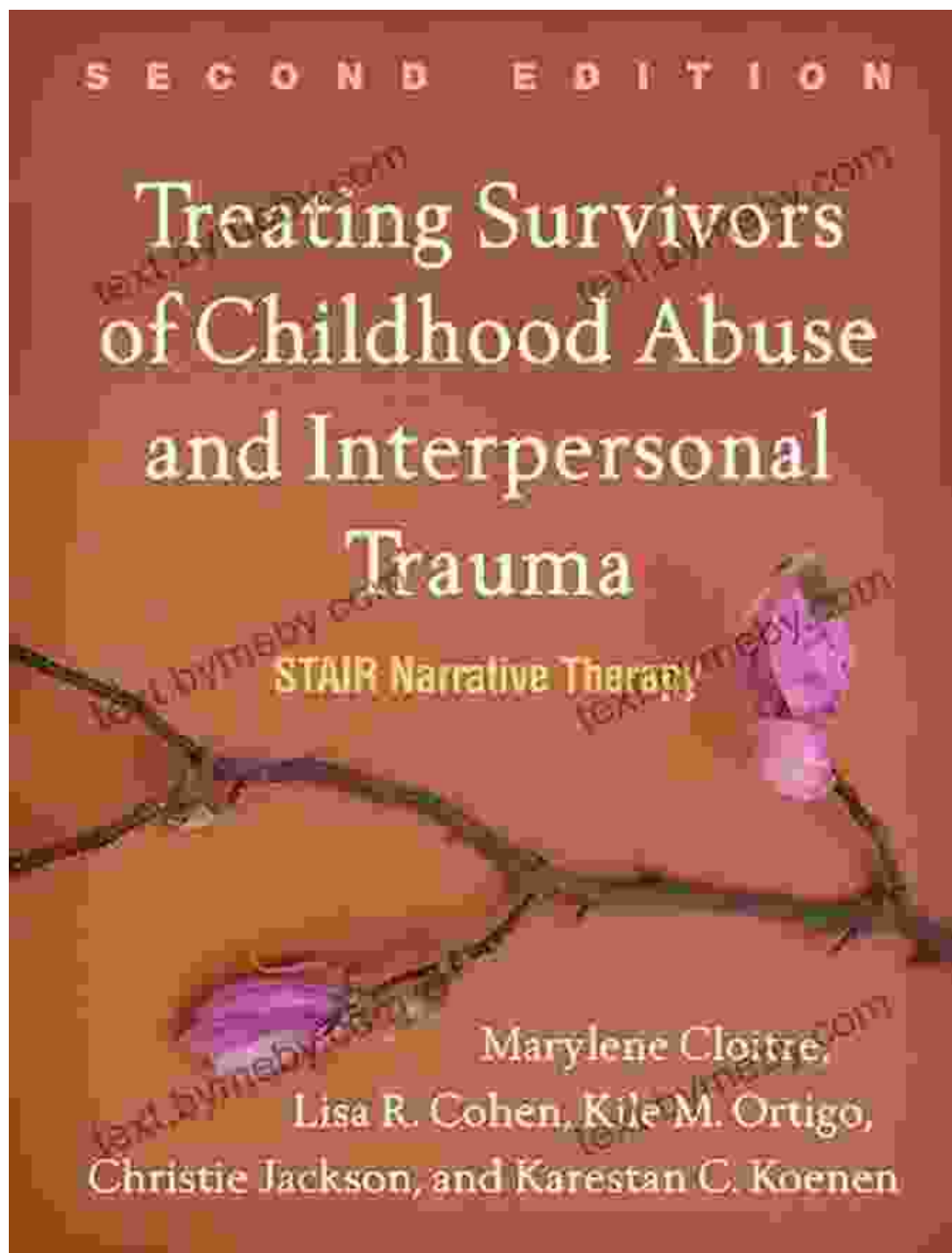
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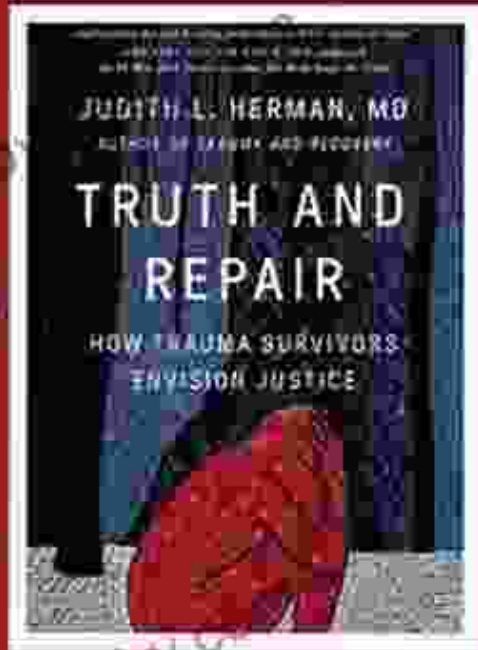
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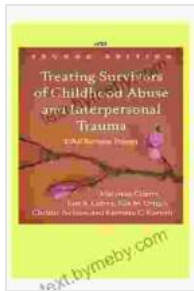


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The renowned authors of the second edition: Judith Herman, John Briere, and Janet Scott, bringing together their expertise to guide readers through the complexities of trauma recovery.



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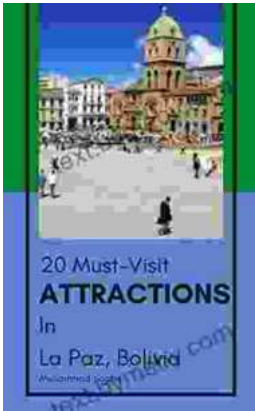
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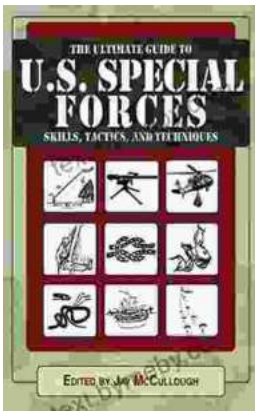
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