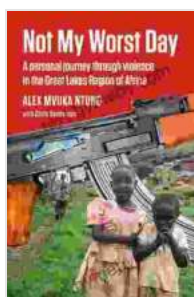


Not My Worst Day: A Hilarious and Heartwarming Memoir of One Woman's Journey Through Death, Loss, and Life's Absurdity

New York Times bestselling author Mandy Nolan's latest book, *Not My Worst Day*, is a gut-wrenching and hilarious memoir about the challenges of life and death, with a surprising dose of hope.



Not My Worst Day: A personal journey through violence in the Great Lakes Region of Africa by Mark Spitzer

★★★★☆ 4.7 out of 5

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| Language | : English |
| File size | : 3301 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 311 pages |
| Lending | : Enabled |



When Mandy Nolan's husband died suddenly in 2016, she was left reeling. She had always been the funny one, the life of the party, but suddenly she was a widow, a single mother, and utterly lost. In *Not My Worst Day*, Mandy takes readers on a wild and unforgettable journey through her grief, her struggles, and her search for meaning in the face of tragedy.

With her signature wit and a refreshing honesty, Mandy writes about the absurdity of death, the challenges of single parenting, and the unexpected joys that can be found even in the darkest of times. She shares stories about her husband, her children, her friends, and her own experiences with grief, loss, and love.

Not My Worst Day is a book that will make you laugh, cry, and think. It is a book about the power of resilience, the importance of family and friends, and the indomitable spirit that lives within us all.

“Mandy Nolan has written a book that is both heartbreaking and hilarious. *Not My Worst Day* is a must-read for anyone who has ever experienced loss, or who simply wants to be reminded of the power of love and laughter.” — **Lori Gottlieb, author of *Maybe You Should Talk to Someone***

"Mandy Nolan is a force of nature. Her writing is raw, honest, and laugh-out-loud funny. *Not My Worst Day* is a powerful and moving memoir that will resonate with anyone who has ever experienced loss." — **Emily Giffin, author of *All We Ever Wanted***

“*Not My Worst Day* is a beautifully written and inspiring memoir. Mandy Nolan's story is a reminder that even in the darkest of times, there is always hope and light.” — **Kristin Hannah, author of *The Nightingale***

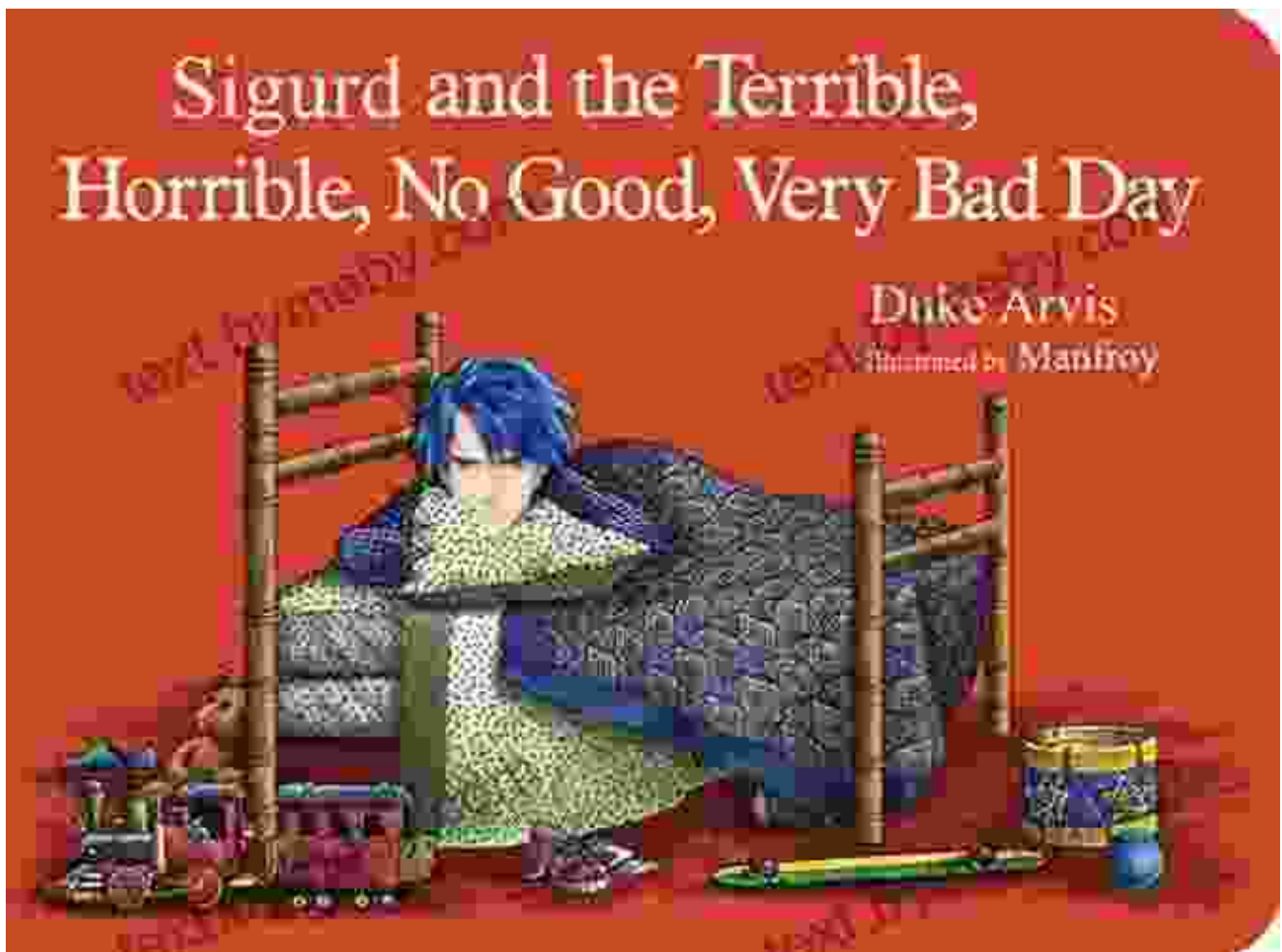
About the Author

Mandy Nolan is a *New York Times* bestselling author, speaker, and podcaster. She is the author of six previous books, including *Love and Other Crap I'm Over* and *Don't Let the Bastards Grind You Down*. Her work

has been featured in *The New York Times*, *The Washington Post*, *The Wall Street Journal*, and *Time* magazine. She lives in Melbourne, Australia, with her two children.

Buy the Book

Not My Worst Day is available now at all major bookstores and online retailers.

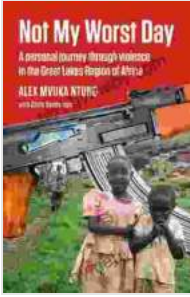


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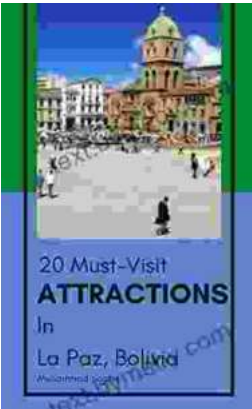
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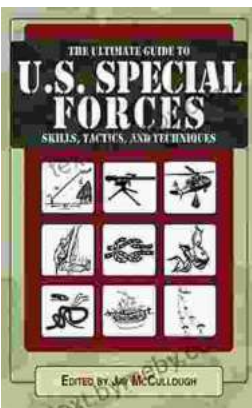


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