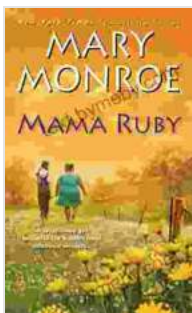


Mama Ruby Mama Ruby: A Journey to the Heart of Soul Food

Mama Ruby Horton was the "Godmother of Soul Food." She was a chef, restaurateur, and cookbook author who helped to popularize soul food around the world. Her recipes are legendary, and her story is an inspiration to anyone who loves food and family.

Mama Ruby was born in 1913 in Waterproof, Louisiana. She was the daughter of sharecroppers, and she grew up in poverty. But she always had a passion for cooking, and she started cooking for her family at a young age. When she was 16, she married her husband, Clarence Horton, and they moved to Detroit. Mama Ruby continued to cook for her family, and she also started working as a cook in a local restaurant. In 1959, she opened her own restaurant, Mama Ruby's, in Detroit. The restaurant was a huge success, and it quickly became a popular destination for soul food lovers from all over the world. Mama Ruby's was known for its delicious food, its friendly atmosphere, and its live music. Mama Ruby was a warm and welcoming hostess, and she made everyone who came to her restaurant feel like family.



Mama Ruby (A Mama Ruby Book 2) by Mary Monroe

★★★★☆ 4.7 out of 5

Language	: English
File size	: 910 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 417 pages
Lending	: Enabled

Paperback	: 160 pages
Item Weight	: 10.6 ounces
Dimensions	: 6 x 0.37 x 9 inches



In addition to her restaurant, Mama Ruby also wrote several cookbooks, including "Mama Ruby's Kitchen" and "Mama Ruby's Soul Food Cookbook." Her cookbooks are full of her delicious recipes, as well as her stories and memories. Mama Ruby was a gifted storyteller, and her cookbooks are a treasure trove of information about soul food and African-American culture.

Mama Ruby died in 2003, but her legacy lives on. Her restaurant is still open today, and her cookbooks continue to be popular. Mama Ruby was a pioneer in the world of soul food, and she helped to make it one of the most popular cuisines in the world. She was a great chef, a successful businesswoman, and a beloved member of her community. Mama Ruby was a true inspiration, and her story is one that will continue to be told for generations to come.

Mama Ruby's Recipes

Mama Ruby was known for her delicious recipes. Here are a few of her most popular dishes:

- Fried Chicken
- Mac and Cheese
- Collard Greens

- Black-Eyed Peas
- Cornbread

Mama Ruby's Legacy

Mama Ruby was a pioneer in the world of soul food. She helped to popularize this delicious cuisine around the world. She was a great chef, a successful businesswoman, and a beloved member of her community. Mama Ruby was a true inspiration, and her story is one that will continue to be told for generations to come.

Mama Ruby's legacy lives on in her restaurant and her cookbooks. Her food is still enjoyed by people all over the world, and her stories and memories continue to inspire. Mama Ruby was a pioneer in the world of soul food, and she will always be remembered as the "Godmother of Soul Food."

Free Download Your Copy of Mama Ruby Mama Ruby Today!

Mama Ruby Mama Ruby is a beautiful and inspiring book that tells the story of a remarkable woman. This book is a must-read for anyone who loves soul food, or who is interested in the history of African-American cuisine. Free Download your copy today!

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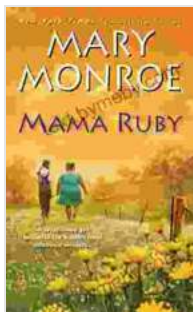
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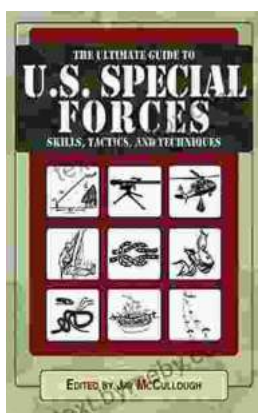


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