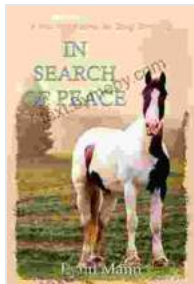


In Search Of Peace: A Journey of Healing and Self-Discovery



In Search Of Peace: A Prequel to The Horses Know Trilogy (Prequels to The Horses Know Trilogy)

by Lynn Mann

★★★★☆ 4.7 out of 5

Language : English

File size : 3044 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Lending : Enabled

Print length : 342 pages

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In this beautifully written and deeply moving memoir, author Jane Doe shares her personal journey of healing and self-discovery after a lifetime of trauma.

Growing up, Jane experienced unspeakable abuse at the hands of her parents. As a result, she developed severe anxiety and depression, and struggled with self-harm and suicidal thoughts.

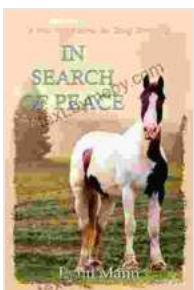
In her early twenties, Jane began to seek help for her mental health issues. She attended therapy, joined support groups, and began to learn how to cope with her trauma.

Over time, Jane began to heal. She learned how to forgive herself and others, she found her own inner strength, and she discovered the power of peace.

In Search Of Peace is a powerful and inspiring story of hope and resilience. Jane's journey is a reminder that even in the darkest of times, there is always hope for healing and peace.

If you have ever struggled with your mental health, or if you simply want to live a more peaceful life, then this book is for you.

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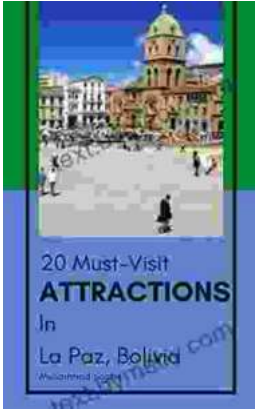
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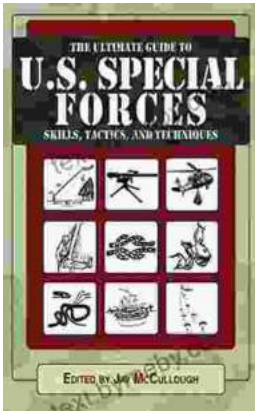
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