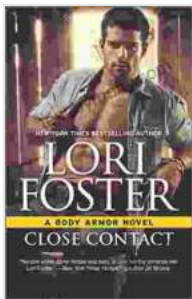


# Close Contact Body Armor: The Ultimate Guide to Personal Protection

In today's world, it's more important than ever to be prepared to protect yourself and your loved ones. Close Contact Body Armor is the definitive guide to personal protection. This comprehensive book covers everything you need to know about body armor, from the different types and levels of protection to the pros and cons of each.



## Close Contact (Body Armor Book 3) by Lori Foster

★★★★☆ 4.7 out of 5

Language	: English
File size	: 1284 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 346 pages



## What is Body Armor?

Body armor is a protective garment that is worn to protect the wearer from gunfire, knives, and other weapons. It is typically made from a lightweight, yet strong material such as Kevlar or Dyneema. Body armor can be worn in a variety of ways, including under clothing, over clothing, or as a standalone garment.

## Types of Body Armor

There are two main types of body armor: hard armor and soft armor.

- **Hard armor** is made from a hard material such as ceramic or metal. It is very effective at stopping bullets, but it is also heavy and bulky.
- **Soft armor** is made from a soft material such as Kevlar or Dyneema. It is less effective at stopping bullets than hard armor, but it is also lighter and more comfortable to wear.

## Levels of Protection

Body armor is rated according to its level of protection. The National Institute of Justice (NIJ) has established six levels of protection, from Level I to Level VI.

- **Level I** armor is designed to protect against handgun rounds.
- **Level II** armor is designed to protect against rifle rounds.
- **Level III** armor is designed to protect against armor-piercing rounds.
- **Level IV** armor is designed to protect against high-powered rifle rounds.
- **Level V** armor is designed to protect against incendiary rounds.
- **Level VI** armor is designed to protect against explosive devices.

## Choosing the Right Body Armor

The type of body armor that you choose will depend on your individual needs and circumstances. If you are a law enforcement officer, you will need a higher level of protection than a civilian. If you are a civilian, you may only need a lower level of protection.

It is important to consult with a qualified expert before choosing body armor. They can help you determine the right level of protection for your needs.

## Pros and Cons of Body Armor

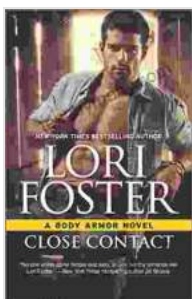
Body armor offers a number of benefits, including:

- It can save your life.
- It can help you to avoid serious injury.
- It can give you peace of mind.

However, body armor also has some drawbacks, including:

- It can be expensive.
- It can be heavy and bulky.
- It can be uncomfortable to wear.

Body armor is an essential piece of safety equipment for anyone who is at risk of being attacked. It can save your life, help you to avoid serious injury, and give you peace of mind. However, it is



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