

# As Consciousness Is Harnessed To Flesh: Unraveling the Mysteries of the Human Mind

What is consciousness? How does it arise from the physical matter of the brain? These are some of the most fundamental questions of human existence, and they have puzzled philosophers and scientists for centuries.



## As Consciousness Is Harnessed to Flesh: Journals and Notebooks, 1964-1980 by Susan Sontag

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2237 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 509 pages



In his new book, "As Consciousness Is Harnessed To Flesh," Dr. David Eagleman, a world-renowned neuroscientist, offers a new perspective on these age-old questions. Drawing on the latest scientific research, Eagleman argues that consciousness is not a separate entity that exists outside of the brain. Rather, it is an emergent property of the complex interactions between the brain's billions of neurons.

Eagleman's book is a fascinating and thought-provoking exploration of the neurobiology of consciousness. He covers a wide range of topics, including

the nature of self, the role of free will, and the possibility of consciousness beyond the human brain.

One of the most interesting chapters in the book is "The Illusion of Self." Eagleman argues that the sense of self is not a fixed and unchanging entity. Rather, it is a constantly evolving construct that is shaped by our experiences and interactions with the world around us.

This idea has profound implications for our understanding of human nature. If the self is not a fixed entity, then it is possible to change who we are. We can learn new skills, develop new habits, and even change our fundamental beliefs.

Another important chapter in the book is "The Role of Free Will." Eagleman argues that free will is not an illusion. However, it is not the absolute and unconstrained free will that many people believe in.

Instead, Eagleman argues that free will is a limited form of freedom. We are free to make choices, but our choices are constrained by our biology, our environment, and our past experiences.

This idea of limited free will is a challenging one, but it is also a realistic one. It acknowledges the fact that we are not completely in control of our own lives. However, it also gives us hope that we can make choices that will lead to a better future.

"As Consciousness Is Harnessed To Flesh" is a groundbreaking book that offers a new perspective on the nature of human consciousness.

Eagleman's writing is clear and engaging, and he does an excellent job of

explaining complex scientific concepts in a way that is accessible to lay readers.

This book is a must-read for anyone who is interested in the nature of consciousness and the human mind. It is a thought-provoking and inspiring book that will challenge your assumptions and open your mind to new possibilities.

## **About the Author**

Dr. David Eagleman is a world-renowned neuroscientist and New York Times bestselling author. He is a professor of neuroscience at Stanford University and the director of the Eagleman Laboratory for Perception and Action. Eagleman's research focuses on the neurobiology of consciousness, time perception, and decision-making.

Eagleman has written several books for the general public, including "Incognito: The Secret Lives of the Brain," "The Brain: The Story of You," and "Livewired: The Inside Story of the Ever-Changing Brain."

Eagleman is a gifted communicator who is able to make complex scientific concepts accessible to lay readers. His books are full of fascinating insights into the human mind and the nature of consciousness.

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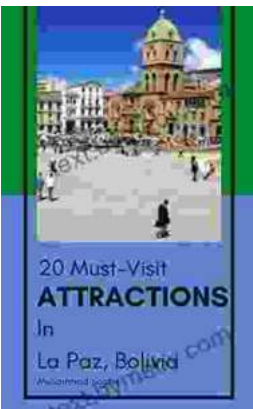
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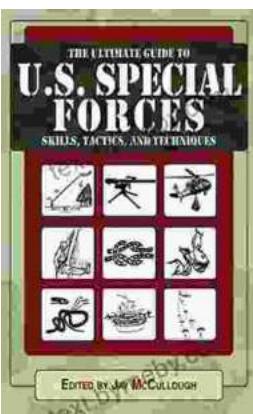


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